

**AdFocus**  
*WHAT IS  
GARSCUBE  
HOUSE?*

## Turning Point Scotland explains

Turning Point Scotland's Garscube House is a homeless service commissioned by the Glasgow Homeless Partnership following a joint review with Greater Glasgow NHS Board.

Garscube House is a residential alcohol rehabilitation service, with ten places providing a safe, supportive and structured environment where individuals can explore the underlying reasons for their dependency and are encouraged to realise their potential to rebuild their lives.

It offers direct support to individuals 18 years or over who are homeless and have a history of alcohol dependency but wish to change their lifestyle by taking part in a programme based on abstinence.

The service operates to a target

length of 9 months although completion of the programme is gauged on the individual's progress. The programme is divided into different stages and service users can access or complete it dependant on individual support plans.

Elaine Forbes, Service Manager says: "The programme helps to redevelop skills and confidence to enable individuals to move on to sustain their own tenancy and be an active member of their community.

"Those supported by Garscube House are on their own recovery journey. People are encouraged to accept responsibility for themselves so they take control of their own decisions. Recovery is the main focus of the therapeutic programme."

**Garscube House supports men and women 18 years or over who are homeless and have a history of alcohol dependency**

*Since opening in January 2009 Garscube House has supported 18 individuals*

Referrals can be made directly from a Care Manager to the Homeless Partnership on 0141 276 4862

For enquiries about Garscube House on 0141 948 0092



SCO 28827

[www.turningpointscotland.com](http://www.turningpointscotland.com)

