

A person in a dark jacket is seen from behind, looking out over a calm lake that reflects a majestic, snow-capped mountain range under a dramatic, sunset sky. The scene is serene and inspiring, with the person's back to the camera, suggesting a moment of reflection or achievement.

**make it  
happen**  
believe. apply. achieve



# make it happen

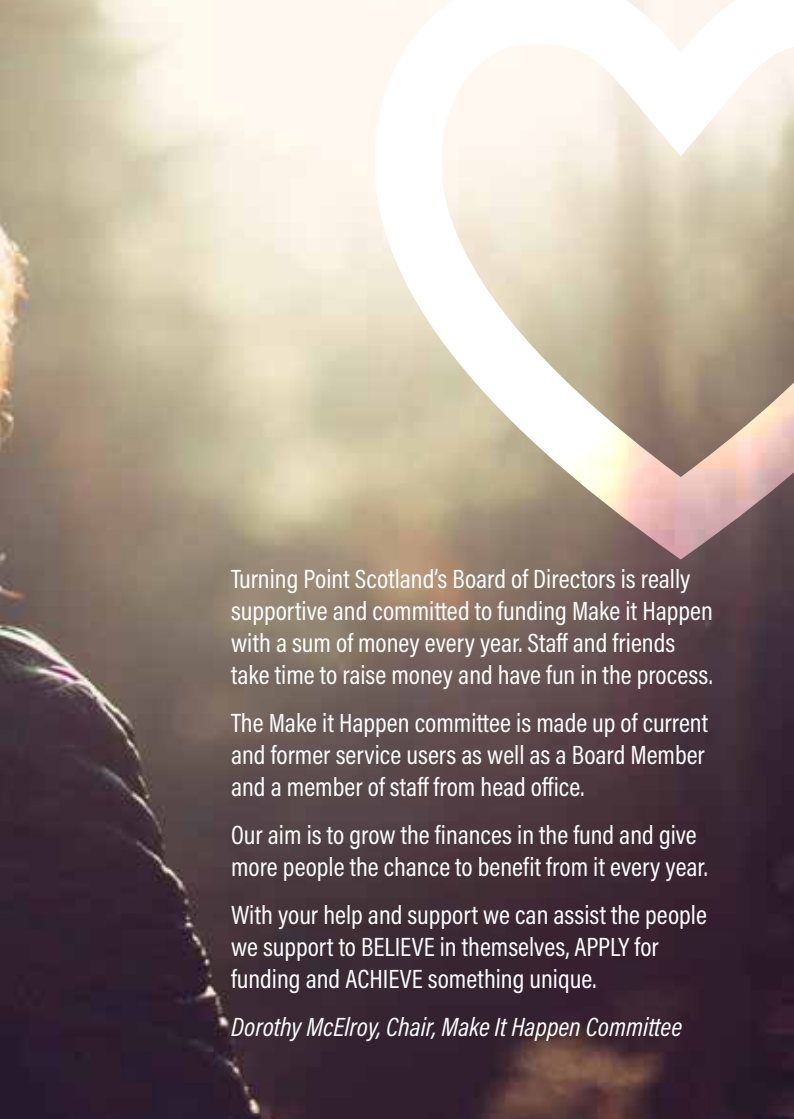
believe. apply. achieve

Make it Happen began as a fund to help make dreams come true – a simple but clever idea. In 2004, when the fund was developed, it made 14 awards to help people achieve a special goal.

Over the years, more and more, people we help have been able to do something which makes a difference to their lives through support from Make it Happen.

In the past four years, more than 210 people have discovered new activities, developed skills, built their confidence and self-esteem or just been able to have fun!

Sometimes, a successful application has been an important step to helping someone on their journey to recovery.



Turning Point Scotland's Board of Directors is really supportive and committed to funding Make it Happen with a sum of money every year. Staff and friends take time to raise money and have fun in the process.

The Make it Happen committee is made up of current and former service users as well as a Board Member and a member of staff from head office.

Our aim is to grow the finances in the fund and give more people the chance to benefit from it every year.

With your help and support we can assist the people we support to BELIEVE in themselves, APPLY for funding and ACHIEVE something unique.

*Dorothy McElroy, Chair, Make It Happen Committee*



## John GLASGOW

John has been attending TPS Milestone Community Recovery Service for nine months and is making good progress with his recovery. He has engaged in recovery activities outwith the service which has helped to support his goal of abstinence. He has made measurable changes in his thinking, which is evidenced through changes in his behaviour. This has proved to have a positive impact on his relationship with his family.

John has spoken a lot about his relationship with his grandson and how he desires to be a positive role model for

him. They recently made plans to go on a camping trip together.

Years ago John bought a metal detector and loved going out searching for things. John recalls he could while away the hours without getting bored.

John applied to Make It Happen to purchase a metal detector as he would like to take up this hobby again and it could be something away from recovery activities which he could share with his grandson.



*Make it Happen awarded John £150 to buy a new metal detector.*

# Scott

ABERDEEN

Scott has been working at Rosie's Café in Aberdeen for a year now and during this time he has found a new love for baking.

During his time at Rosie's Café he has shown commitment and drive to raise his confidence and self-esteem by setting goals and achieving them.

It is Scott's goal to become self-sufficient. He is a vegetarian and took on an allotment locally to be able to grow a range of fruit and vegetables.

Scott applied to Make it Happen for a day's Breadmaker course which provides a day in a real bakery learning the art of breadmaking, including a range of breads from the simplest to specialised breads such as focaccia and ciabatta.

He hopes that by making his own bread he will rely less on the shops again and it will allow him to take control of the ingredients i.e sugar and gluten.



*Make It Happen awarded  
Scott £150 to attend the  
course.*





## Jimmy GLASGOW

Jimmy uses the services of Turning Point Scotland Glasgow Social Opportunities for three hours per week. His opportunity for social outings is limited and he is only able to go out once a week with support from the service.

It is Jimmy's dream to be supported by staff to have a full day trip to visit Blair Drummond Safari Park.

Jimmy lives in a nursing home as he has Huntington's disease and his condition has deteriorated in the last six months and now he has to use a wheelchair due to his mobility issues.

By applying to Make It Happen, he says it would mean so much to him as he may not be so independent in the future. It would give him something to look forward to and plan. He hopes that this would boost his moral, improve his mental health and give him great memories that he can keep and cherish.



*Jimmy was awarded £85 for his trip including support.*

# William

ABERDEEN

William has been using Turning Point Scotland's Aberdeen service to increase his confidence in the workplace as he is quite shy and socially excluded.

He has suffered from a severe lack of confidence throughout his life which has had a negative impact on so many things; from education, relationships and employment. With the support and encouragement from his Grandad he began to teach himself how to play the guitar to help with his stress and anxiety. Due to financial constraints he has been unable to take lessons and has used old books from the local library and charity shop to help him.

William's grandfather passed away and he found this particularly hard to cope with as they held a close bond. William was his grandfather's main carer during his illness and spent the majority of his spare time assisting him. Improving and continuing his guitar playing will provide William with a positive focus and structure.

William applied to the Make it Happen fund for a set of 10 one to one guitar lessons after attempting to get lessons elsewhere.



*William was awarded  
£250 for ten guitar  
lessons.*





## David PERTH

David applied to Make it Happen to help fund a bike and safety gear to help him with his mission of improving his physical fitness. He has been making major changes in his life by improving his diet and generally making healthier choices.

David has a mild learning disability, chronic obstructive pulmonary disease and is overweight.

David has been drug free for a year and feels that he is now in a place to start enjoying the things he used to do before drugs, and the bike would help him stay on the right track.

David is supported by Turning Point Scotland Perth & Kinross and a bike would be helpful for him to travel to and from the service and also as much as possible day to day. The bike will help him focus on getting fitter and healthier and make the most of new activities and opportunities that come his way.



*David was awarded £250 to purchase a bike, helmet and protective gear.*



# Chris

HELENSBURGH

Chris has been accepted onto NQ Gent's barbering course at a college in Glasgow. The course runs for 36 weeks and Chris has to provide his own equipment.

Chris applied to Make it Happen to purchase the equipment which would be the first steps for him gaining qualifications and a job in the future.

Chris being accepted on this course has already had a positive impact on his life as it has allowed him to become more confident in his abilities. The course will allow him to learn new skills to follow a career path in barbering.

This will prepare Chris for employment and it will enable and encourage him to live a crime free life.

By being in employment Chris will be able to provide for him family.



*Chris was awarded £115.50 to purchase the equipment for his college course.*





## Mark PORT GLASGOW

Mark is supported by Turning Point Scotland Inverclyde's service at Cardross View. The staff and the people it supports have been working hard to make the garden more friendly and accessible. It's an area to be enjoyed and also can be used for BBQs and family members to spend time with their loved ones.

Mark has autism and enjoys the garden as it gives him time to sit away from others and enjoy some peace and quiet on his own or with his mum when she visits.

Mark had the idea of having his own garden bench where he could sit and enjoy the garden, the view across the Clyde and watch other people and their families as they enjoy BBQs.

The bench would encourage Mark to have his own time, not just indoors but also outdoors.



*Mark was awarded £250 from the Make it Happen Fund to purchase a bench.*


# Pauline PRESTWICK

Pauline has struggled coming to terms with the loss of her friend who was also her neighbour. They had a small garden area that they liked to sit in and watch the day go by. They had enjoyed holidaying together in the UK and more so abroad as her friend, Ann was a sun worshipper.

Pauline is supported by Turning Point Scotland Prestwick and she was finding it difficult to sit out in the garden as she no longer had Ann to sit it with.

Pauline came up with the idea of buying a sundial for the garden area which would allow her to remember Ann. She thought about holding an opening day to invite other service users to unveil the sundial and have a small buffet together as a farewell to Ann.

Pauline raised a small amount of money but was unable to secure the funds necessary to buy the sun dial.

 *Pauline was awarded £250 to purchase a sundial and host a small buffet lunch.*



For more information on Make It Happen  
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To make a donation to Make It Happen  
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