



GARSCUBE HOUSE

Garscube House is a residential alcohol rehabilitation service within Glasgow City Centre, with 10 places providing a safe, supportive, structured environment where individuals will be supported to explore the underlying reasons for their dependency and encouraged to realise their potential to rebuild their lives.

REFERRALS

Referrals can be made directly from a care manager to the Homeless Partnership at;

**First Floor, Granite House,
31 Stockwell Street, GLASGOW G1 4RZ
Tel: 0141 276 4862**

Or enquiries can be made to the management team at Garscube House.

**Garscube House, 840 Garscube Road,
Maryhill, Glasgow G20 7ET
Tel: 0141 948 0092**



Garscube House is one of the many services provided by Turning Point Scotland. We provide person centred support to adults with a range of complex needs throughout Scotland.

Turning Point Scotland is a company limited by guarantee, registered in Scotland, number 194639. It is recognized by the Inland Revenue as a Scottish Charity, number SC028827.



GARSCUBE HOUSE

Residential alcohol
rehabilitation service





WHO IS THE SERVICE FOR?

The service will offer direct support to men and women aged 18 years or over who are homeless and have a history of alcohol dependence but wish to change their lifestyle by taking part in a programme based on abstinence from all alcohol and drugs. Individuals will have complex physical, mental health and addiction issues with medium to high care needs

KEY FEATURES OF THE SERVICE INCLUDE:

- Intensive support
- Abstinence based
- Individualised key working & support planning
- Physical and social care
- Regular & structured group work
- Therapeutic activities
- Access to complimentary therapies
- Gender specific work
- Family & Parenting support
- Confidence building and redeveloping life skills
- Flexibility of approach to each individual's needs
- Leisure & Sports Activities
- Support with Education & Training
- Some written work (where appropriate), lectures and video presentations
- Social skills and vocational skills training
- Service User Involvement

DURATION

The service will operate to a target length stay of 9 months; however, completion of the programme will be gauged on the individual's progress. The programme will be divided into different stages and service users can access or complete the programme dependant on individual support plan. The length of time you spend in each stage will depend on individual needs and how quickly the goals identified for each stage of treatment are achieved.

THE PROGRAMME?

The 'Abstinence Based' rehabilitation programme is tailored to the needs of individuals within a staged framework, these are

- **Induction/Stage 1**
- **Stage 2**
- **Stage 3**
- **Resettlement**

The length of time spent in each stage is dependent on the needs of individuals and will be flexible to meet these.

Regular key working, support planning and reviews will support the process of progression through the programme and will assist you in your recovery journey, and to achieve the personal goals you have set for yourself.

The programme will aim to work with you towards the resolution of any ongoing physical, emotional, practical issues that you may be experiencing.