

Studio 8

Studio 8 offers a direct access service for people who are 16 years and over seeking support in tackling their substance misuse.

Studio 8 is committed to providing direct access to information, support and guidance in a safe, relaxed and confidential environment for those who are affected by drugs and alcohol in Moray.

Opening Times

Monday 10am – 6pm
Tuesday 10am – 7pm
Wednesday 10am – 6pm
Thursday 10am – 7pm
Friday 9am – 5pm
Saturday Closed
Sunday Closed

Contact Details

Studio 8
Direct Access Service
73 High Street
Elgin IV30 1EE
T 01343 543792
W studio08@turningpointscotland.com

Studio 8 is one of the many services provided by Turning Point Scotland (TPS). We provide person centred support to adults with a range of complex needs throughout Scotland.

Turning Point Scotland
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Turning Point Scotland is a company limited by guarantee No 194639 (Scotland) Registered Office 7 West George Street, Glasgow G2 1BA. Charity No SCO28827.



Studio 8

Making **Substance Misuse**
Services Fit People



designed and produced by Michael Dancer / 0141 424 0401

What we offer

Direct Access

People can get support by referring themselves or by walking into our modern access point in North Guildry Street in Elgin. For those unable to travel to Elgin we operate a telephone helpline and provide email support. Everyone supported by Studio 8 will have their own personal plan which will ensure an individual tailored programme of support.

Arrest Referral

People within the criminal justice system can access advice, guidance and support from Studio 8. We work in partnership with Grampian Police in order that people with substance misuse issues can obtain support from our service during a point of crisis in their lives.

Drop-In

At Studio 8 we appreciate that not everyone wants a 'caseworker' or 'key worker' whilst seeking some form of support and guidance. Our drop-in facility is available five days a week at the following times:

Monday 1pm - 2pm

Tuesday 2pm - 4pm

Wednesday 12pm - 1.30pm

Thursday 5pm - 7pm

Friday 1pm - 3pm

"I have never had this kind of support before; it has made a huge difference to my thoughts about my drug taking. I have enjoyed my time at Studio 8 doing acupuncture and smart recovery groups."



"I received help with my partner who is an alcoholic; I received contacts for help with abuse, contacts for my daughter and advice on what to do in certain situations. This has helped me greatly and I have now managed to sort most things out in my personal life."

"I would never have believed I could achieve what I have, I have received excellent support and aftercare. I feel the aftercare was most important as stopping drinking wasn't the hardest part but the months that followed were."

Needle Exchange

The Studio 8 needle exchange service offers information, support and guidance on all aspects of injecting drug use in a safe, relaxed and confidential environment. Opening times for this service are:

Monday 10am - 5pm

Tuesday 1pm - 7pm

Wednesday 10am - 5pm

Thursday 10am - 7pm

Friday 9am - 5pm

Group work

The following groups are available at Studio 8:

- Life skills
- Peer support
- Family support
- Harm reduction
- Motivation to change
- Relapse prevention
- Alternative therapies

Studio 8 offers support to individuals who may be waiting to access other specialist services. The service provided encourages motivation so that individuals can address their own issues. We empower people to achieve their own goals and aspirations through their own recovery.