

## ABERDEEN HOUSING SUPPORT

Turning Point Scotland – Aberdeen Housing Support can provide flexible housing support options – from the point of crisis, through to tenancy sustainment or longer term support.

We aim to enable the people we support to lead as fulfilling and independent a life as possible and will work with the specific needs of each individual.

### Contact details

Turning Point Scotland Aberdeen Housing Support  
45-49 Holburn Street  
Aberdeen  
AB10 6BR  
**T** 01224 577 327  
**F** 01224 577 328  
**E** housingsupport@turningpointscotland.com

This leaflet is available in alternative formats.  
Please contact the Communications Department  
on **0141 427 8200**.

Turning Point Scotland Housing Support is one of the many services provided by Turning Point Scotland (TPS). We provide person centered support to adults with a range of complex needs throughout Scotland.

Turning Point Scotland  
54 Govan Road  
Glasgow  
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**T** 0141 427 8200  
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# Aberdeen Housing Support

Making **Housing Support**  
Services Fit People



### We can help with:

- Maintaining a tenancy and keeping independent
- Working on skills to support specific needs
- Managing a household budget & finances
- Assisting with correspondence
- Arranging and keeping appointments with professionals involved in the care of each individual
- Supporting household tasks like laundry, ironing and cleaning
- Advice on keeping safe and secure
- Shopping and preparing meals on a budget and advice on healthy eating
- Support with day-to-day routines and prompts for medication or personal hygiene

Turning Point Scotland Housing Support can also support people with complex needs to build confidence, self-esteem and lead a fulfilling life. Support with social activities can be provided through some funding streams and this can include:

- Meeting family and friends
- Sourcing activities, hobbies and interests in local community groups, volunteering or attending college
- Getting out and about and enjoying life



Turning Point Scotland Aberdeen Housing Support has experienced staff that can provide specialist support for individuals with complex and challenging needs including:

- Mental health issues including anxiety, obsessive compulsive disorder, bipolar disorder, eating disorders, personality disorders and Schizophrenia
- Neurological conditions including Huntington's Disease or recovering from a stroke
- Acquired brain injury
- Learning disabilities
- Coping with a mental health condition that co-exists with alcohol or drug issues

Turning Point Scotland will work closely with each individual to ensure that support is suited to changing needs and can provide assistance with:

- Support options that are available
- Planning and managing self-directed support
- Arranging for other services such as cleaning and domestic support
- Moving house

Turning Point Scotland work together with each person as an individual to understand specific support needs. We offer:

### Flexibility

The service is available 9am to 5pm Monday to Friday however we have a flexible approach and can work out-with these hours such as early in the morning, evenings and weekends depending on need.

### Consistency

Named key-workers and an office base which can be accessed in office hours either by phone or in person, regular person-centred reviews and recovery approach.

### Quality

Turning Point Scotland carefully recruit staff with on-going training and supervision. We ask for regular feedback on our performance and strive for continuous improvement. Our services are quality audited both externally and internally.

### Values

We work to a core set of values which underpin all Turning Point Scotland services.

### Referrals

There are several referral routes into the service depending on what support is needed and who is requesting the service. Please either contact Supporting People at Aberdeen City Council via your GP, CPN, Housing Officer or a referral can come directly from Care Managers. Local authority funding will require financial assessment. Direct payment clients can come straight to the service or if you are just looking for advice on how to refer please ring the service and we will be happy to help with your enquiry.

