



Substance misuse

Learning disability

Mental health

Criminal justice

Homelessness

Autism

Huntington's disease

Early onset dementia



Celebrating 10 years of success

Annual Report 09/10



# Mission Statement

Turning Point Scotland provides person centred support to adults with a range of complex needs. We learn from services and service users and seek to influence social policy.

## Strategic Plan 2009

- Retain and maintain all existing contracts
- Develop new services in new and existing markets
- Deliver effective management and working practices at all levels of the organisation and maintain a competitive market position
- Continue to learn and develop as an organisation by developing our people, infrastructure and competencies
- Extend our influencing reach, brand recognition and marketing capacity to influence good practice and social policy at national and local levels

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# Chair of The Board



After six years as a member of the Turning Point Scotland (TPS) Board, it is my privilege to write as Chair, particularly as in 2009/2010 we celebrated our 10 year anniversary. It has been wonderful to look back on our personal highlights and it is with great anticipation that we look forward to the next ten years.

Despite the economic climate, TPS continues to grow, building on the commitment and hard work of staff and management. Times of financial uncertainty require strong leadership and Chief Executive,

Martin Cawley and the Executive Team have embraced change and shown great direction which has filtered throughout the organisation. On behalf of the Board, I would like to thank them for their determination and the staff for their loyalty.

The Board, with all their diverse experience and expertise, has also contributed greatly throughout the last 10 years. Over the years I have been fortunate to work alongside some wonderful people and as Chair I am extremely grateful for all their support.

It is important in these times that TPS draws on all its resources, in particular our partnerships which have been nurtured over the years. By sharing our skills with fellow organisations, stakeholders and the private sector, we achieve more than when doing it alone. We aim to ensure that TPS continues to provide excellent services, but also looks at ways in which we can meet the needs of those we do not yet support.

Reflecting over the past 12 months has reinforced my belief that TPS is an organisation based on strong values shared by staff, management and board members alike and personally, I am very much looking forward to the year ahead and the challenges we will overcome working together.

**Vinaykant Ruparealia**  
Chair of TPS Board

# Chief Executive



Well, what a year! Over the last year we celebrated our 10th anniversary as an organisation. It is natural at such a time to look back at what we have achieved but we should also use this as a springboard to look to the future.

TPS has achieved many things in what is just a short history. We have supported thousands of people, who have often been pushed to the very margins of our communities. Having started small in Scotland, we have grown into one of the country's leading and most respected charities. This is

something everyone involved with the organisation during this time should be very proud of.

We are keen to build on what we have achieved, to learn from what we have done in the past and to pioneer new approaches. This will enable us to deliver better services for people, to build progressive career paths for our staff and to prepare ourselves to respond positively and take advantage of the opportunities that will come our way in what are challenging times.

We must embrace change and diversity. The welcome advancement of the personalisation agenda is resulting in new skills and competencies for staff and new partnerships and collaborative ways of working. TPS has always had a 'can do' attitude and this will continue as we respond to the challenging agenda ahead.

I would like to take this opportunity to thank our staff for the hard work and commitment they have shown over the past year. Yes, these

may be difficult times financially, but with collective effort, a shared belief in our values and ethos and genuine empathy for people we will continue to prosper in the year ahead.

Given that this was a special anniversary year, in this annual report we have chosen to reflect on some of our achievements but more importantly we want to celebrate the positive impact we have had on peoples' lives. I hope you enjoy reading the pages ahead. I hope you get a strong feel for what we believe in and learn more about the work we do.

**Martin Cawley**  
Chief Executive

# Ten Years of Success

As one of Scotland's largest social care providers, TPS has gone from strength to strength in the last 10 years. Now providing substance misuse, learning disability, homelessness, criminal justice, autism, mental health, Huntington's disease and acquired brain injury services all over the country, the organisation has come a long way since it became a separate entity from Turning Point on 1 April 1999.

Ten years on, Minister for Community Safety, Fergus Ewing launched the anniversary celebrations which ranged from competitions to parties throughout the year.

Activities undertaken to promote our 10 years of success included:

- A service user art competition
- A published book of service users stories entitled 'Our Services – Our Stories – Our lives'
- Service parties and open days
- A dedicated 10 year anniversary internet site for staff
- TPS Staff Pride Awards
- An evening of entertainment for stakeholders
- An anniversary flower arrangement feature in the Govan Road garden



# 1999 - 2009

## 1999

Turning Point Scotland created from Turning Point Link Up, Glasgow, opens  
Rosies Café, part of TPS Aberdeen, opens

## 2000

Big River, Galashiels, opens  
Picture This, part of TPS Aberdeen, opens  
Links, Edinburgh, opens

## 2001

Diff'rently the same, Glasgow, opens  
Forrest Road becomes the Chrysalis Project, Edinburgh  
Renfrewshire Learning Disability Services, open  
Northern Horizons, Peterhead, opens  
Dumfries and Galloway Substance Misuse Services opens  
Viewpoint, Ayr, opens  
South East Alternatives, Glasgow, opens  
Dumfries and Galloway Acquired Brain Injury Service opens  
Inverclyde Learning Disability Service opens  
218, Glasgow, opens  
Access Art, Dumfries and Galloway, opens

## 2002

Let's Go, Glasgow, opens  
Dundee Learning Disability Services open  
South Lanarkshire Learning Disability Services open  
Guildry House, Elgin, opens  
The Tee Pee, TPS Aberdeen, opens

## 2003

CACTUS, Paisley, opens  
SHAPE, Aberdeen, opens  
TPS Aberdeen is renamed Aberdeen Social Enterprises  
Pipcrafts and Textile Partnerships at Aberdeen Social Enterprises become Tee Pee Crafts  
Integrate, Edinburgh, opens  
STABLE, Aberdeen, opens

## 2004

PITSTOP, Fraserburgh, opens  
South Ayrshire Learning Disability Services open

## 2005

Addiction Services South and East Ayrshire, opens  
Calvay, Glasgow, opens



## 2006

Moving On, Drumchapel, Glasgow, opens  
Studio 8, Elgin, opens  
Tee Pee Crafts renamed  
Opus, Aberdeen Social Enterprises

## 2007

Rosies-2-Go, Aberdeen Social Enterprises, opens  
Mandatory Drug Assessment Service, Edinburgh, opens  
Turnaround Community Services open  
Perth Learning Disability Service opens  
Minerva renamed Supported Living Outreach Service, Ayrshire, opens

## 2008

Moving On, Maryhill, Glasgow, opens

## 2009

ORCA, Aberdeenshire, opens  
New Autism Services, Dumfries and Galloway, open  
Partners In Autism, Dumfries and Galloway, opens  
Chrysalis renamed Community Addiction Recovery Service, Edinburgh  
Garscube House, Glasgow, opens  
Turnaround residential, Paisley, opens

# Pioneering and Responding to Change

Throughout the past year, TPS has evolved and adapted to meet changing demands and deliver new services. Staff have embraced new challenges, training and different methods of service delivery to ensure that TPS remains a leading provider of services in Scotland.

## Turnaround Residential

The unique partnership between TPS, APEX Scotland and Venture Trust has brought about an innovative alternative to custody called 'Turnaround'. Tailored to support young men who are prolific offenders tackle their offending, addictions and associated behaviours, the service is made up of four community bases and one residential unit. The four community bases have been up and running since 2007, but the model was completed in July 2009 when Kenny MacAskill MSP officially opened the Turnaround residential unit in Paisley.

The residential facility can support up to 10 men with an intensive programme, assisting them to find stability before moving on to continue their support at one of the community bases. Most men find that they are ready to move on from the residential unit after a period of 2 and a half months, but each individual receives support dependent on their personal needs and some take a longer or shorter period.

People receiving support from Turnaround benefit from the expertise of each of the partners involved but there is also a wider impact on the local community. This includes reduced offending and often volunteering with local charities. Although, it's not only the local community that benefits from Turnaround's success, some of those supported by the service have gone on to carry out voluntary work overseas.

In September 2009, four of the first men supported by Turnaround residential travelled to Minsk in Belarus to work voluntarily at the Isle of Hope Day Centre. For two weeks they laboured, helping to build a warehouse and lay heating pipes to benefit those who use the facility which offers respite to orphans and children with learning disabilities.

Despite hard work, basic living conditions and lots of mosquito bites the men were brimming with enthusiasm on their return. The experience built up their confidence, gave them a taste of the satisfaction gained from volunteering and helped them to appreciate their own lives. One of them said, "I believe that this trip was definitely the turning point in my life. It was regarding the children, knowing the little that I was doing was of benefit to them. I've used drugs for many years and this has helped me to be grateful for what I have got and not to take things for granted."

### Turnaround 2009/2010 outcomes



**212 young men in the criminal justice system began the Turnaround programme during 2009/2010**

- 78% reported a reduction of, or no increase in, their criminal activity
- 81% reported a reduction of, or stabilisation in, their substance misuse
- 80% demonstrated continued or improving physical health
- 79% indicated improved or continued social functioning skills
- 77% reported a stabilisation or improvement in their living situation
- 80% demonstrated stabilised or improved psychological well being



## Service Growth

TPS is one of the leading learning disability service providers in Renfrewshire, having grown in the area since 2000. Now with two fully established services supporting people within their own homes, TPS expanded further this year when the Weavers Mill service took over the support of eight people in Johnstone in October 2009.

The service now provides support to over 77 individuals with a learning and or physical disability who live in their own or a shared house. This can range from 24 hour support to a couple of hours each day in partnership with external agencies like social work and community healthcare teams to ensure that people's needs are met fully.

The constant growth of both Weavers Mill and the Mile End Project in Renfrewshire is testament to the hard work and commitment of staff at TPS who ensure a high standard of service provision.

## Glasgow Drugs Crisis Centre

The GDCC is based in the heart of the city centre and offers a wide range of short term detoxification, rehabilitation, stabilisation and a needle exchange service. It provides a number of support and treatment options for people in an emergency and crisis stage of their recovery.

Alison Robertson, a team nurse at the Glasgow Drug Crisis Centre (GDCC) wrote a piece highlighting the benefits of her naloxone training and how TPS responds well to change in practice which benefits those who use our services.

"I was offered the opportunity to become a naloxone trainer. I enjoyed the training but didn't think I would use it much. Little did I know that a few hours later I would be administering naloxone in an attempt to save a young man's life.

"A frantic and upset man ran into the GDCC and told us that his friend had overdosed. I grabbed a

naloxone pack and breathing mask and along with a colleague ran to where the young man was lying. What met us was very frightening. The victim had turned blue, his denims were at his ankles as he had been injecting into his groin. I immediately checked his airways and felt a faint breath. I then checked his pulse which was also very faint. I immediately injected naloxone at which point he came round. Naloxone is a drug used to counter the effects of heroin or morphine overdose.

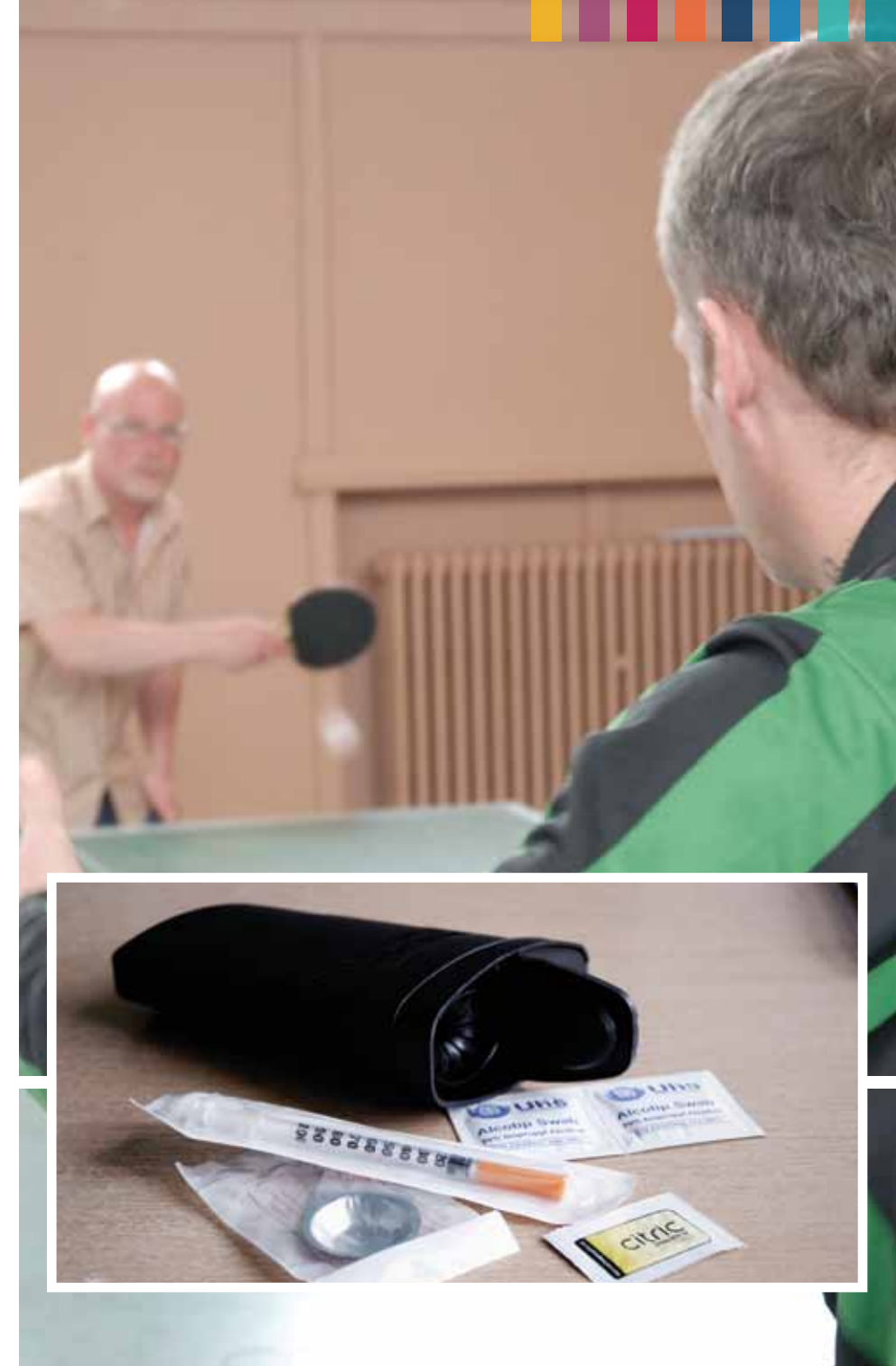
"I felt pleased that having just trained in naloxone, I was now putting it into practice and had actually saved a life.

"It is quite rare for staff at GDCC to be involved in using Naloxone. A few weeks later the man I had treated came running into the centre. His friend has overdosed under the same bridge as he had. The man had no pulse so I immediately started CPR and then administered the naloxone.

"When the ambulance arrived we continued helping the paramedics

with compressions whilst they were administering more naloxone and atropine. After 45 minutes there was nothing more we could do and the man was declared dead. This was a shock to me, I thought the naloxone would save him. I comforted myself with the fact that we had done everything we could.

"I thought about whether there was anything positive that we could take from the incident. I came up with the idea of putting together a naloxone rucksack, which could be grabbed in an emergency. The pack includes naloxone, a breathing mask, a fully charged mobile phone, gloves, apron, torch, scissors, small brush and mat. Every staff member knows about the emergency pack. Hopefully it is a long time before we need to use it again."



# Promoting Inclusion and Access



We wanted to further involve the people we support in organisational decision making and as a result the role of Employment Development Manager was recreated to focus on inclusion within service delivery. This role still encompasses employability support, but looks at other areas of inclusion within service delivery. As a vital part of TPS's ethos, people supported by the organisation have always been involved in making choices that affect their lives as well as influencing service delivery and policy. By employing an Inclusion and Access Coordinator there will be greater sharing of good practice, enhancing the lives of those we support.

## Charter for Involvement

An example of good practice is that of Dumfries and Galloway Learning Disability Service in Kirkcudbright. This service has supported Kevin Dunn (pictured right) for the last

six years and has encouraged him as he promotes the benefits of service user involvement in TPS and other organisations. Kevin was part of a group who developed and published the national Charter for Involvement.

It took two years of hard work to develop the charter and on 23 June 2009, TPS Chief Executive Martin Cawley signed up to the charter at the opening of the new offices in Dumfries. By signing the charter, TPS recognises;

- The rights that people who use services want from involvement
- What people want to get out of being involved
- The kinds of things people want to get involved in
- What people need in order to be involved

Kevin said, "There were around 50 of us involved in creating the Charter for Involvement. I don't go to meetings anymore since we finished the charter but I still keep in touch with people in the group.\*

TPS wants me to try and teach staff about the charter – to train them. I'll be starting off speaking to D&G staff with help from Training and Development Officer, Bernadette Walsh. Once I've spoken to staff here, Bernadette will find me somewhere else to carry out this work. At the moment Bernadette 'is helping me to practice answering the questions I might get asked. Through time we will have put together a whole training package."

Kevin is becoming more confident about delivering presentations and speaking to groups of people. He said, "I gave a small speech at a ceremony when Martin Cawley signed the charter. It was really important for me to do the speech, it got me confident. I was shy when I first came to TPS but 'Speak Up' has helped me."

'Speak Up' is a group held in Kirkcudbright for people supported by TPS. At the group, members discuss topical issues and practice the right to complain and learn how to become more involved in

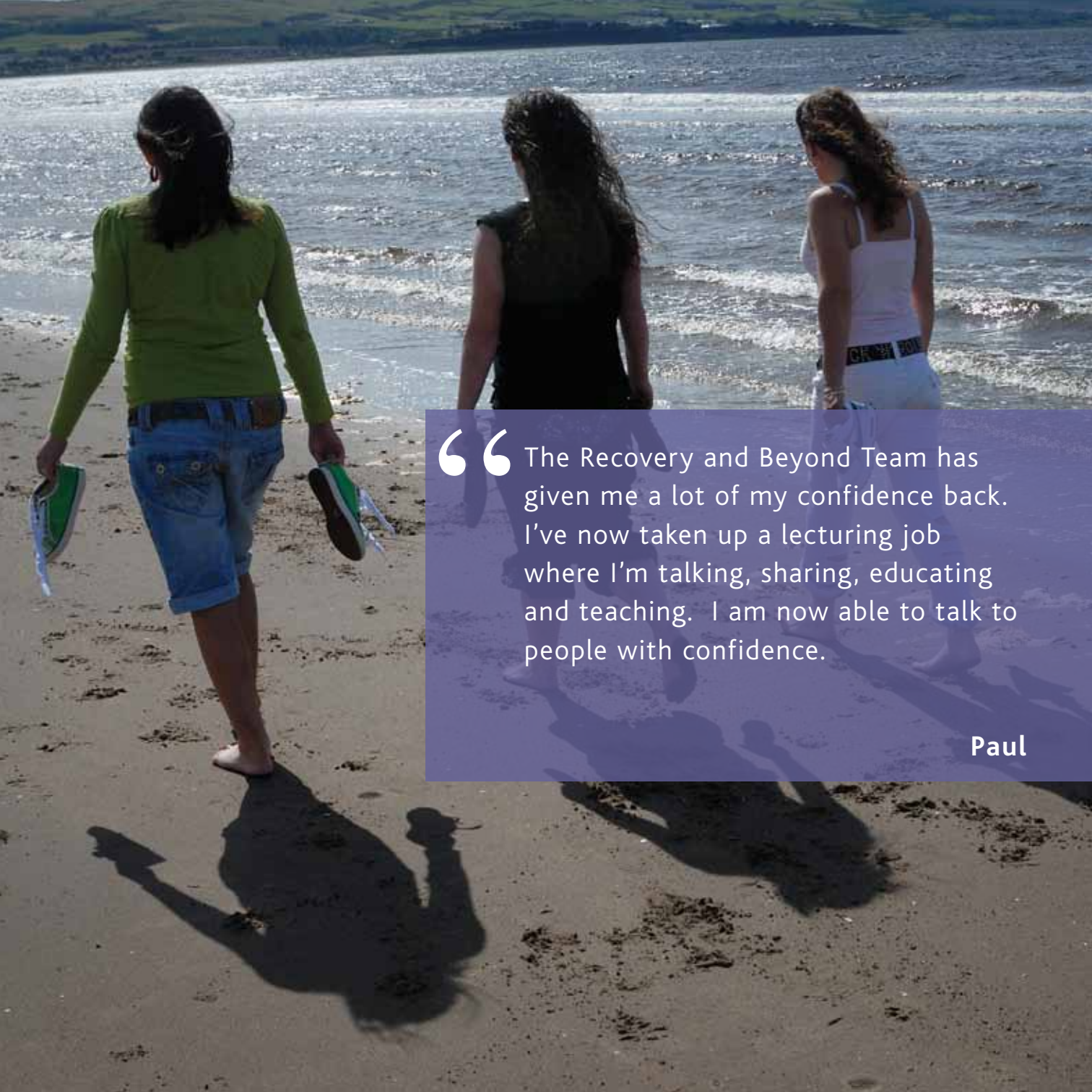
designing a service to suit their needs. Kevin said, "We talk about topics that interest us and we practice things like going to board meetings, like what we would say and how to handle ourselves. We practice interviewing staff, what we would ask them. I've not helped interview staff yet, but I plan to in the future."

Kevin is a very sociable and busy individual attending various workshops and clubs and having previously volunteered in local charity shops. He is very passionate about the rights of service users and said, "It's good TPS encourages us to have our say. We may not always win but we should put a fight in. If you don't say anything no change will happen."

It is this determination that led the group who worked on the Charter of Involvement to decide on the tiger as their logo. Kevin recalled, "People didn't like the tiger to begin with and they didn't understand why we wanted a tiger. We picked a tiger because tigers are bold and you wouldn't mess with them!"

\* Group members include people supported by organisations like Partners in Advocacy, ARK housing association, Salvation Army, Downs Syndrome Scotland and many more.





## The Recovery and Beyond Team

At Glasgow based substance misuse service, South East Alternatives (SEA), TPS is

working in partnership with people who have graduated from the service to enhance and continue their recovery journey whilst at the same time improve the service for those who are currently receiving support.

This year saw TPS embrace peer support thinking and in SEA a “Dream Team” was created to meet once a fortnight to discuss their

own progress and how they can assist the service. They have since renamed themselves ‘The Recovery and Beyond Team’. Sophie and Paul are two of six individuals who joined the pioneering team and both find time to help facilitate the groups held for current service users.

Sophie was really flattered to be asked to be part of the Recovery and Beyond Team. She gets so much out of it, she said, “It’s great to be able to give back but also to be involved with each other. It’s like more therapy for me, it helps me.” Being reunited with staff and fellow service users has been a real boost for Sophie and she feels that many of the 200 people who have previously graduated from SEA may benefit from re-establishing contact. It is due to this than the Recovery and Beyond Team are organising a reunion for graduates so that relationships can be re-established.

Her involvement has built up Sophie’s confidence, she said, “We are regarded as part of the team now. We are asked our opinion and we know that our input is valued.” Paul agrees, “The Recovery and Beyond Team has given me a lot of my confidence back. I’ve now taken up a lecturing job where I’m talking, sharing, educating and teaching. I am now able to talk to people with confidence.”

Both Paul and Sophie believe that their involvement at SEA will go some way to reducing the stigma of substance misuse and provide assistance to others who are in the process of turning their lives around. It is also of support to them as they continue on their own personal journey of recovery. Paul said, “Although you are part of a group when you are going through the phases at SEA, you do have your key worker who you meet with on a one to one basis, where you don’t discuss anyone else but you. Here you build a relationship with SEA and when you do finally graduate the staff know you and they can work with and interact with you better than just any person off the street. You feel part of the process, part of the bricks and mortar almost. It’s a nice feeling to feel included.”

“The Recovery and Beyond Team has given me a lot of my confidence back. I’ve now taken up a lecturing job where I’m talking, sharing, educating and teaching. I am now able to talk to people with confidence.

Paul



## Making a Meal of It

TPS has been working closely with the Community Food and Health group to deliver positive outcomes for the organisation and the people we support to make better decisions about their diet. With their advice, TPS developed its Nutrition Policy and Guidance in July 2009. This has been rolled out throughout TPS and people supported by the organisation have become heavily involved in growing, cooking and eating good food as a result. Other positive steps towards healthier eating include:

- Aberdeen Social Enterprises organised a sugar cube day – highlighting the amount of sugar in every day foods.
- Perth and Kinross has begun its own gardening project with service users growing their own vegetables.
- A service user at Mile End had a recipe book published and distributed around all the services at TPS.
- In March 2010 cooks based in services within the greater Glasgow area started up a cook's forum to share good practice.

- A group of staff from our homeless services spent a day with Cyrennians as part of their good food project.

“The greenhouse gives me a bit of responsibility and something productive to do with my time. I find it relaxing and I get a sense of achievement when I see the produce growing. The greenhouse also makes the garden look nice, gives it a homely spirit. It is good for tenants to bond with each other and with staff, working together as a team.

I learned types of things like what to grow and what the different plants are, like tomato. I learned things about maintaining the greenhouse, like how and when to water the plants. I've never eaten anything I've grown before so I am looking forward to eating it all! Maybe something for the BBQ like peppers for kebabs. The potatoes will be good too.”

**DJ, Moving On Drumchapel**

## Aberdeen Social Enterprises

Aberdeen Social Enterprises (ASE) provides employment support to people experiencing or recovering from mental health problems. It offers vocational training and work experience in one of its four areas of business - a picture framing workshop, craft workshop, café and gift shop. Service users are encouraged to increase their independence and social inclusion through a supportive working environment.

The four functions operate as successful money generating businesses by providing excellent products, high levels of customer service and by nurturing longstanding partnerships within the local community. These partnerships include those who provide similar services, employment agencies, further education establishments and the private sector. Not only do these relationships increase sales and business opportunities, they also provide future training, employment

or educational opportunities for service users in the future.

ASE employs a dedicated Employment Development Worker who supports service users with work related issues and mental health wellbeing and offers guidance to source these training opportunities, work experience and open employment when their time with ASE comes to an end.

In the last year 45 people left the service and moved on to the following destinations:

- 1 Aberdeen College**
- 2 Community Food Initiative North East**
- 7 Employment**
- 7 Job Centre Plus**
- 1 Momentum**
- 3 NHS**
- 11 Unknown**
- 6 Other Supported Employment**
- 1 Training**
- 3 University**
- 3 Voluntary Work**

## Garden Makeover

The financial climate over the last year has been unsettling for everyone and naturally the voluntary sector is an area which can be badly affected by public spending cuts. It is important that we nurture our relationships with other partners so that we can work together to enhance the service provision TPS offers.

In October 2009 TPS's Aberdeen Social Enterprises received a garden makeover thanks to the staff of Lloyds Banking Group. Six volunteers from the local Lloyds branch and the Corporate Banking Department got to work on the transformation of the garden area which was in desperate need of a facelift.

The garden area is used by people supported by the service which provides training and real work opportunities to those experiencing or recovering from mental ill health. During breaks from their working hours at OPUS crafts, gift shop and picture framers, service users now enjoy sitting in a beautiful garden.

Lloyds Banking Group approached ASE offering assistance as part of their corporate social responsibility project. The garden work was identified and now service users have an attractive and relaxing space for use during their breaks.

# Supporting Our Staff

Throughout 2009/2010, TPS employed 965 people in post and a further 174 sessional staff and it is recognised that without the hard work and commitment of these individuals TPS would not be a leading social care provider. TPS is committed to promoting a healthy working environment for all staff and in November 2009 we were awarded the Healthy Working Lives Bronze Award.



## Staff Survey

This year's staff survey gave employees the opportunity to voice their views about their working conditions and what they enjoy or dislike about working for TPS. The top three things people liked about their jobs were working with service users, making a difference and staff/team members.

The survey also showed...



## Pride Awards

As part of the 10th anniversary celebrations, TPS held its first Staff Pride Awards at the Discovery Centre in Dundee on 10, November 2009.

Staff were invited to nominate colleagues for one of eight awards which recognised exceptional qualities in areas like leadership, innovation, services to the community and team work. Entries were judged by a panel consisting of Chief Executive, Martin Cawley, Director of Community Care Provider Scotland, Annie Gunner Logan, Board Member Callum Allan and Communications Manager, Marisa Mahood. Short films were made up of those short listed for the awards and were shown before the winners were announced at the ceremony. It was a fitting way to end the 10th anniversary celebrations, rewarding the people that go the extra mile.



# Shaping Government Policy

This past year TPS has been involved in shaping several pieces of legislation, which including:

- The Criminal Justice and Licensing (Scotland) Bill (2009) which was passed in June 2010 is likely to have an impact on TPS's community based substance misuse and mental health services as well as our criminal justice services.
- The Autism (Scotland) Bill proposes a duty on the Scottish Government to provide a strategy to meet the needs of people living with an autism spectrum disorder.

This year we have become members of the Learning Disability Alliance Scotland (LDAS), a membership organisation of people who have learning disabilities and the organisations who work with them. We have also joined the Scottish Campaign on Welfare Reform (SCoWR), a coalition of organisations working to highlight concerns around the UK Government's Welfare Reform Proposals. 'The SCoWR produced

and launched 'A Manifesto for Change' for the UK election.

TPS has taken the lead on a number of new approaches to service delivery. In 2009/2010 we helped develop 'Housing First' and the Scottish Drugs Recovery Consortium.

## Housing First



**LOTTERY FUNDED**

TPS carried out a scoping exercise in 2009, to look into the issues affecting individuals who have either alcohol or drug addictions and who do not readily engage with services. That group of people constitute 70 per cent of annual drug deaths in the city, and TPS took on the task of finding out why these people do not access the

services available to them and the difficulties they face in trying to manage their substance misuse and their accommodation.

We made contact with a number of service users and a wide range of homelessness and addiction services in Glasgow. Research available suggested a clear link between securing a house first and holistic support being provided. We established that in the USA and Canada they operate a housing first model resulting in larger numbers of people with addictions engaging with services.

The aim of Housing First is to address the issues of safety and security for substance users, who struggle to access support without a permanent address. It is extremely difficult to tackle substance use if sleeping rough or within temporary accommodation alongside other substance users. By sustaining a permanent tenancy, service users will be in a better position to access community support, health care and social

benefits. They are not required to be abstinent and the model focuses on a harm reduction approach.

As a result of the scoping exercise TPS has decided to run a three year pilot providing housing to 12 people, supporting them to access services within the community which can help improve their health and quality of life. This pilot, entitled 'Housing First', is being funded by Glasgow City Council, Greater Glasgow and Clyde NHS Board and TPS reserves. We have also secured funding from the Big Lottery Fund to include places for four 18 – 24 year olds as part of the pilot. TPS is pioneering this radical new approach in partnership with Glasgow Housing Association and Queens Cross Housing with support from a number of similar organisations.





## Scottish Drugs Recovery Consortium

TPS was asked by the Scottish Government to help facilitate the initial steps in pulling together the Scottish Drugs Recovery Consortium (SDRC).

In May 2008 the Scottish Government launched The Road to Recovery, 'the first drug strategy in Scotland for 10 years. Within the strategy a recommendation was made that a drug recovery network should be established.

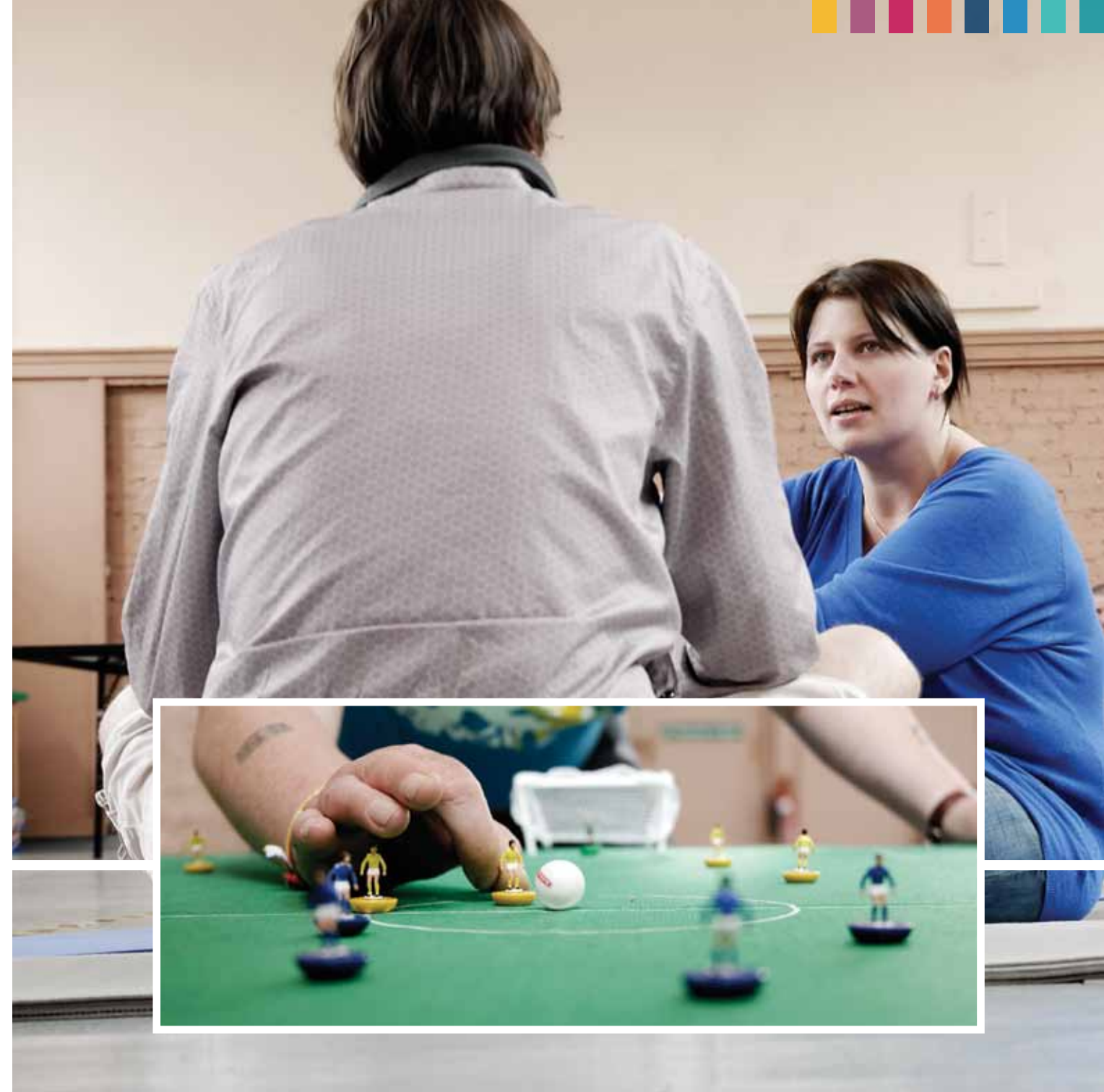
In April 2009, after consultation meetings it was decided that the development and establishment of a consortium would be more beneficial to Scotland.

The SDRC is a national membership organisation and independent charity funded by the Scottish Government. It brings together key partners from the voluntary, statutory, policy and academic fields - and individuals in recovery - who share the belief that people can and do recover

from drug problems and addiction. The SDRC will drive and promote recovery for individuals, family members and communities affected by drugs across Scotland.

TPS was delighted to be asked by the Scottish Government to project manage the development and set up of the SDRC. This not only recognises our experience and knowledge of the legal and procedural elements of developing a fledging organisation as a charity, but our continued commitment to and internal development of recovery focused support and service design.

TPS set in motion a number of activities to achieve the timely establishment of the SDRC with the successful creation of a shadow board, expression of interest adverts for formal partners and the setting of a number of meetings with board members, prospective partners and our legal advisors.



# Financial Statement

Statement of Financial Activities  
(incorporating income and expenditure  
account). For the year ended 31 March 2010

	Unrestricted Funds £	Restricted Funds £	2010 £	2009 £
<b>Incoming resources</b>				
Incoming resources from generated funds				
- Voluntary income	37,500	437,112	474,612	204,829
- Investment income	40,119	-	40,119	281,141
Incoming resources from charitable activities	25,949,680	-	25,949,680	25,545,712
<b>Total incoming resources</b>	<u>26,027,299</u>	<u>437,112</u>	<u>26,464,411</u>	<u>26,031,682</u>
<b>Resources expended</b>				
Costs of generating funds				
- Costs of generating voluntary income	40,162	-	40,162	42,863
Governance costs	28,161	-	28,161	30,892
Charitable activities	25,576,665	457,112	26,033,777	26,045,632
<b>Total resources expended</b>	<u>25,644,988</u>	<u>457,112</u>	<u>26,102,100</u>	<u>26,119,387</u>
<b>Net incoming/(outgoing) resources before revaluation</b>	382,311	(20,000)	362,311	(87,705)
Gains and losses on revaluations of fixed assets for the charity's own use	496,685	-	496,685	-
<b>Net incoming/(outgoing) resources</b>	878,996	(20,000)	858,996	(87,705)
Total funds brought forward	7,922,617	40,000	7,962,617	8,050,322
Total funds carried forward	<u>8,801,613</u>	<u>20,000</u>	<u>8,821,613</u>	<u>7,962,617</u>

# Board of Directors and Executive Team

## Board

Vinaykant Ruparealia – Chair  
Gill Ottley – Vice Chair  
Callum Allan  
Tony Cameron  
Elizabeth Gray  
Keith Howell  
Morgane Artacho  
Eilidh Whiteford  
Raymond Edwards  
Colin Rae  
Ewan McIntyre - joined June 2009  
Margaret Nash – joined September 2009  
Sheila Low – joined November 2009  
Brian MacDonald – resigned June 2009  
Paula Gilder – resigned June 2009

## Executive Team

Martin Cawley, Chief Executive  
Kenneth Crawford, Finance and Resources Manager  
Wendy Spencer, Senior Operations Manager  
Craig Winter, Business Development and Improvement  
Manager

# Directory of Services

## Criminal Justice Services

### 218

218 Bath Street  
Glasgow, G2 4HW  
T: 0141 331 6200  
E: info@218service.org

### CACTUS

2nd Floor  
45 High Street  
Paisley, PA1 2AH  
T: 0141 889 3872  
E: cactusadmin@tpscactus.co.uk

### Turnaround

219 Gleniffer Road  
Paisley, PA2 8UL  
T: 01505 810800  
E: information@tpsturnaround.co.uk

## Autism Services

### Dumfries & Galloway Autism Services

22 Newall Terrace,  
Dumfries, DG1 1LW  
T: 01387 247 123  
E: enquiries@tpsdg.co.uk

## Substance Misuse Services

### The Big River Project

79 High Street  
Galashiels, TD1 1RZ  
T: 01896 759 740  
E: bigriver\_admin@turningpointscotland.com

### Dumfries & Galloway Substance Misuse Service

12 Church Street  
Stranraer, DG9 7JG  
T: 01776 700 666  
E: dumfries&gallowaydrugsservice@tpsstranraer.co.uk

### CARS

5 Links Place  
Edinburgh, EH6 7EZ  
T: 0131 553 2222  
E: lauraw@tpsthelinks.co.uk

### Glasgow Drugs Crisis Centre (GDCC)

123 West Street  
Glasgow, G5 8BA  
T: 0141 420 6969  
E: lindagirvan@turningpointscotland.com

### Leith

3 Smiths Place  
Edinburgh, EH6 8NT  
T: 0131 554 7516  
E: admin@tpsleith.co.uk

### Midpoint

5 Links Place  
Edinburgh, EH6 7EZ  
T: 0131 553 2222  
E: lauraw@tpsthelinks.co.uk

### Milestone Project

26 Orr Street  
Glasgow, G40 2LQ  
T: 0141 556 5880  
E: kimross@turningpointscotland.com

### Northern Horizons

9 St Peter Street  
Peterhead  
Aberdeenshire, AB42 1QB  
T: 01779 470 490  
E: stephaniesepulveda@turningpointscotland.com

### SEASTAR

2nd Floor, 3 Killoch Place  
Ayr, KA7 2EA  
T: 01292 269 207  
E: seastar@turningpointscotland.com

### South East Alternatives

The Adelphi Centre  
12 Commercial Road  
Glasgow, G5 0PQ  
T: 0141 429 7229  
E: kuladharini@turningpointscotland.com

### Studio 8

73 High Street  
Elgin, IV30 1EE  
T: 01343 543 792  
E: studio08@turningpointscotland.com

## Huntington's Disease, Acquired Brain Injury and Early Onset Dementia

### SHAPE

Top Floor  
45-49 Holburn Street  
Aberdeen, AB10 6BR  
T: 01224 577327  
E: adamhillhouse@turningpointscotland.com

### Dumfries and Galloway Acquired Brain Injury Services

Dumfries & Galloway Services  
22 Newall Terrace,  
Dumfries, DG1 1LW  
T: 01387 247 123  
E: tps.dgadmin@btconnect.com



## Homelessness Services

### Moving On

Flat 0/4  
1 Shawpark Court  
Maryhill  
Glasgow, G20 9AG  
T: 0141 946 5870  
E: sharonberrie@tpsmovingon.co.uk

### Guildry House

Hall Place  
Elgin  
Moray, IV30 1JP  
T: 01343 549808  
E: lisastronach@turningpointscotland.com

### PITSTOP

63 Moray Road  
Fraserburgh, AB43 9QX  
T: 01346 512 056  
E: moiradavidson@turningpointscotland.com

### Link-Up

112 Commerce Street  
Tradeston  
Glasgow, G5 9NT  
T: 0141 420 1929  
E: maria@tpslinkup.co.uk

### Garscube House

840 Garscube Road,  
Maryhill  
Glasgow, G20 7ET  
T: 0141 948 0092  
E: elaineforbes@tpsgarscubehouse.co.uk

## Learning Disability Services

### Dumfries and Galloway Learning Disability Services

22 Newall Place,  
Dumfries, DG1 1LW  
T: 01387 247 123  
E: enquiries@tpsdg.co.uk

### Dundee and Angus Project

2 Coldside Road  
Dundee, DD3 8DF  
T: 01382 818094  
E: moragthomson@turningpointscotland.com

### Greyfriars Close

Elgin,  
Moray, IV30 1ER  
T: 01343 556 479  
E: brendacooper@turningpointscotland.com

### Inverclyde Supported Living and Social Opportunities Service

10A Robertson Street  
Greenock, PA16 8DB  
T: 01475 802 601  
E: joannemcpherson@tps inverclyde.org.uk

### The Mile End Project

Studio 908 Mile End Mill  
Abbey Mill Business Centre  
Paisley, PA1 1TJ  
T: 0141 840 2299  
E: susannepritchard@turningpointscotland.com

### Weavers Mill

Turning Point Scotland  
Studio 908, Mile End Mill  
Abbey Mill Business Centre  
Paisley, PA1 1TJ  
T: 0141 840 2299  
E: margarethay@turningpointscotland.com

### SAIL

4B Citadel Place  
Ayr, KA7 1JN  
T: 01292 267 439  
E: elainemanderson@turningpointscotland.com

### Viewpoint

4C Citadel Place  
Ayr, KA7 1JN  
T: 01292 886 589  
E: viewpoint@turningpointscotland.com

### The Courtyard

31 Ardfin Court,  
Prestwick, KA9 2LU  
T: 01292 671 396  
E: catherinemckinnon@turningpointscotland.com

### Perth & Kinross

3 Grosvenor House  
Shore Road  
Perth, PH2 8BD  
T: 01738 639 950  
E: sandrastorie@turningpointscotland.com

## Mental Health Services

### Aberdeen Social Enterprises

45-49 Holburn Street  
Aberdeen, AB10 6BR  
T: 01224 575 196  
E: patsy@aberdeensocialenterprises.co.uk

### Midway Services

54 Govan Road  
Glasgow, G51 1JL  
T: 0141 419 4520  
E: annettelowther@turningpointscotland.com

### Midway Social Opportunities

54 Govan Road  
Glasgow, G51 1JL  
T: 0141 419 4520  
E: annettelowther@turningpointscotland.com

### Midway Supported Living Project

11 Bressay Road  
Barlanark  
Glasgow, G33 4UX  
T: 0141 781 1496  
E: karen.mcdonald@turningpointscotland.com

### STABLE

45-49 Holburn Street  
Aberdeen, AB10 6BR  
T: 01224 577 322  
E: adamhillhouse@turningpointscotland.com

Please note that this report is available for download as a PDF document on our website. It can also be made available in alternative formats. Please contact the Communications Department for details.

Thank you to everyone who contributed to the report and those who agreed to their photograph being used.

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