

South Ayrshire Independent Living

About the service

We have been commissioned by South Ayrshire Council to provide support for people who are currently living in a hospital or residential setting or who have previously lived with parents or were supported by another organisation.

We have helped many of the people we support to get a house where they would choose to live and will provide all types of support from a couple of hours a day up to round the clock support.

The people we support have family and friends to visit whenever they choose. After all – it's their house.



SAIL (South Ayrshire Independent Living) is one of the many services provided by Turning Point Scotland (TPS). We provide person centred support to adults with a range of complex needs throughout Scotland.

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SAIL (South Ayrshire Independent Living)

Making **Learning Disability**
Services Fit People



designed and produced by **Michael Dancer / 0141 424 0401**

South Ayrshire Independent Living

What kind of support service does Turning Point Scotland provide?

We can support you in most areas of your life. We aim to work with you to identify your support needs.

Below are some examples of the support we can provide.

- We can support you to plan and design the support you would choose.
- We can support you to pay your bills and budget your money.
- We can support you to look after your house so that you can live in comfort and safety.
- We can support you with any emotional problems or anxieties you may have.
- We can help you with your health care needs by supporting you to look after yourself and make appointments to see your doctor, dentist etc.
- We can support you along to social activities such as going to the cinema, going out to dinner etc.
- We can support you to access further education and to try to get a job.



- We can support you to try to meet other people or make contact with friends you have not seen in a while.
- We can support you to go on holiday if you want to.
- We can support you to do your shopping.



Aims and objectives of the service

- To give people a better quality of life, by being included, better understood and supported by the communities in which they live.
- To support people in their own homes and help them to have as fulfilling a life as possible through empowerment and promoting choice.
- To ensure the people we support have more autonomy in their lives and have the same opportunities as everyone else to develop as individuals, spend time with family and friends and enjoy life.
- To ensure the people we support are able to have the information they need about the service, so that they can take part more fully in decisions about themselves.

- To manage risk in such a way that enables people to enjoy new experiences safely.
- To encourage people to contribute and be involved in the community they live in.
- Day to day health needs of the people we support will met by using services in the local community.
- The SAIL service will always take account of age, ability and need.
- To support people who rely on services in ways that protect and promote valued experiences.
- To support people to realise their aspirations through opportunities and working to fulfil them.
- To encourage valued social roles which will promote dignity and status which are associated with participation in community activities.
- To maximise the person's involvement in developing their personal support plan and to review this regularly to ensure it meets the persons changing needs.
- To enable the people we support to express their views about the quality of the service and their experience of it and take their comments, concerns and complaints seriously.
- To support people in a way that 'enables' not 'disables'.
- To support people to get the life they would choose.

