



218 Service  
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218 Service  
 Service Users  
 Making **Criminal Justice**  
 Services Fit People



218 is one of the many services provided by Turning Point Scotland (TPS). We provide person centred support to adults with a range of complex need throughout Scotland.

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## What is 218 Service?

218 service is for women. It is a criminal justice service and can support you with drug/alcohol use, looking at offending behaviour, physical and mental health and accommodation.

The service also has a 12 bed residential unit as well as a day service programme where you can come regularly for lunch and mix with other women.

## What do you do?

A project worker is responsible for your care and support while in the service. You can take part in varied group work sessions and have one to one sessions with your personal project worker.

You can access a clinic for mental and physical health, a dietician, chiropodist, dentist, doctors and nurses.

Regular reviews are held and all of the community workers can attend to see how you are progressing.

## Offending

218 service work with you when attending court for outstanding court cases. There is group work which involves sessions on looking at your past and present offending behaviour.

The staff are there to help with all your problems. You can also get advice on health and safety, housing and job centre plus. Social workers, courts, lawyers and probation officers can refer you to the service.

Acupuncture and yoga are also available to you and it is a very enjoyable form of exercise and relaxation which can also be therapeutic.

## What I like about 218 Service

It is a safe place for women to get help to deal with our problems. The project is confidential and only workers and others who I chose to tell know that I am attending.

It breaks up my day and saves me from being bored. It has helped me to have a better routine in my daily life and has reduced my substance misuse and offending.

It also gives me the chance to meet up with girls in the same predicament as myself and we get to chat and support each other.

218 Service is excellent for supporting your mental and physical needs. The service also gives advice on alcohol and drugs; it helps you when attending court and fills your day. Your support worker helps to a certain standard.

There is always a member of staff on hand  
24/7 to support you.

## How do I access the 218 Service?

You can contact the court and assessment team and self refer. Your care manager and probation worker can also make a referral. To make a referral please contact **0141 331 6200**.

Thanks to the women of the 218 service who wrote and part designed this leaflet.

