



Turning Point Scotland 218

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The 218 Service is a Turning Point Scotland and NHS Greater Glasgow & Clyde Addiction services initiative that takes a person-centred approach in dealing with the issues that women within the criminal justice system face.

The programme of work at 218 is designed to address issues with substance use, physical and mental health and other social needs including housing and childcare.

Who is the service for?

Referral criteria

- 18 years +
- Live criminal justice connection either via court or criminal justice social work
- Women will also have complex needs such as addiction/offending/poor physical or mental health needs, trauma etc.

Referral process

Courts can use the 218 service as an alternative to remand where women can be bailed directly into the residential service. Referrals can be made for both residential and day service programmes by:

- Sheriffs
- Criminal Justice social work via social work report
- Criminal Justice social work via Drug court (Drug Treatment and Testing Order or Structured Deferred sentence)
- Criminal Justice Social Work as part of a Community Payback Order
- Prison/Addiction Throughcare
- Diversion or any other relevant agency

Woman can also self refer by phone, presenting at the service or in the cell area of the Glasgow Sheriff/JP Court.

Residential or day?

Women are assessed on their individual needs.

What's on offer in our day service?

Women can attend the day service for up to a period of 12 months, depending on the needs of the individual. The women are allocated their own keyworker who supports them through the programme; regular 1-1 key working sessions and a therapeutic group work programme. The programme has 4 phases which the women will be supported to work through. Regular reviews take place with each individual, 218 keyworker, care managers and any other support networks will be involved to monitor progress and ensure that women's needs are being met.

In the 218 service we have our own on-site medical care including:

- *Mental health nurses and general nurses*
- *An in-house psychologist 3 days per week*
- *Visiting medical officers in every day*
- *A blood borne virus nurse*
- *A sexual health nurse on a fortnightly basis*
- *A psychiatrist on a weekly basis for mental health interventions*

Groups/interventions on offer are:

- *Phase 1 Group, and Phase 2 group*
- *Phase 3 (managing substance, managing offending, managing emotions and managing relationships)*
- *Phase 4 - maintenance*
- *Taking control group*
- *Computer group*
- *Creative group, wellbeing group, cooking group, Routes into Learning group (College in house)*
- *We will also offer short information sessions on topics such as domestic abuse, sexual health, self harm, and diversity/discrimination*
- *Coping with stress & anxiety*
- *Benefits clinic - drop ins and also appointments*

What's on offer in residential?

Women can reside in residential for up to 6 months, depending on the needs of the individual. They will be allocated their own keyworker who will support them through the programme; regular 1-1 key working sessions and self care sessions will take place on a weekly basis as well as a therapeutic group work programme. The programme has 4 phases and the woman will work through the phases whilst in residential and address identified needs as set out in their care plan. Regular reviews take place with the woman, 218 keyworker, care managers and any other support networks to monitor progress and ensure the women's needs are being met.

In the 218 service we have:

- Nurses who are trained in mental health issues and general issues
- Visiting medical officers every day and also a blood borne virus nurse
- Sexual health nurse fortnightly
- A psychiatrist and an in-house psychologist on a weekly basis for mental health interventions

Groups/interventions on offer are:

- Substance misuse, offending behaviour and managing emotions
- Taking control group
- Creative group
- Orientation group
- Health Group, cooking group
- Routes into Learning group (college in-house)
- Coping with stress & anxiety
- Venture Trust - 5 day residential social and personal development course

Evening Activities

- Daily exercise (in-house and out house)
- Reintegration into the community

Outreach

The court and assessment team provide outreach also within wider Glasgow:

Glasgow wide

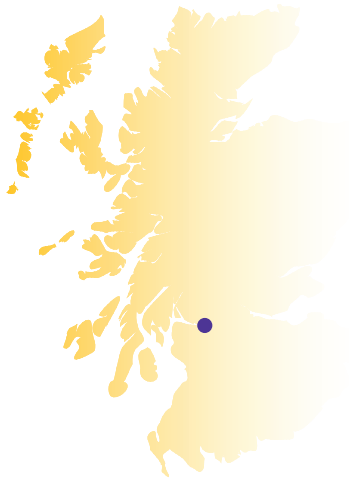
- Maryhill and Drumchapel CJ/SW office, **Tuesday mornings alternative weeks**
- Glasgow Drug Court, Norfolk Street, **Wednesday mornings**,
- Parkhead CJ/SW office, **Thursday mornings**

Outreach work involves taking referrals, carrying out assessments, liaising with care managers/CJ workers in North East and North West of Glasgow and also linking in with women on the waiting list to offer support whilst they are waiting on a day service programme or a residential bed.

Aftercare/moving on

The 218 Service provides a 6 week aftercare programme for women leaving residential to integrate them back into the community.





Contact

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Our service covers the whole of Glasgow.

Our range of support includes:

Care at home
Residential care
Housing support
Crisis intervention
Community rehab
Social enterprise

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